

TESD Elementary Lunch Menu

March




Meal Prices


Student Paid	\$2.75
Student Reduced	\$.40
Adult Lunch	\$4.50


Register at www.paypams.com for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

27	28	1	2	3
Chicken Nuggets w/Roll	Nacho's with Seasoned Beef	Baked Macaroni and Cheese	Chicken Patty on a Bun	Stuffed Crust Pizza
Mashed Potatoes Baby Carrots w/Dip Peaches	Lettuce, Tomato, Salsa Corn Fresh Grapes	Broccoli w/Dip Sliced Cucumber w/Dip Fresh Apple Slices	Baked Beans Carrot Coins Peaches	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S				(No B Choice on Friday's)
B) Pizza Slice, C) PBJ ▼ on Whole Wheat, D.) Turkey and Cheese Sandwich E) Chicken Caesar Salad				

6	7	8	9	10
Pizza Dippers	WW French Toast w/ Sausage Patty	BBQ Oven Baked BBQ Chicken	Baked Ziti w/ Meat Sauce	5" Round Pizza
Broccoli w/Dip Corn Apple Slices	Baked Potato Puffs Orange Juice	Green Beans Carrot Sticks w/Dip Pears	Tossed Salad Broccoli w/Dip Fresh Grapes	Tossed Salad Baby Carrots w/Dip Sliced Apples
THIS WEEKS ALTERNATE ENTRÉE'S				(No B Choice on Friday's)
B) Chicken Patty on a Bun C) PBJ ▼ on Whole Wheat, D) Yogurt Bites E) Taco Salad				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13	 14	15	 16	17
Cheesesteak on a Sub Roll	Popcorn Chicken w/ Dipping Sauce	Pasta with Meat Sauce	Soft Taco w/ Cheese	Mickey's Pizza
Broccoli w/Dip Green Beans Mixed Fruit	Mashed Potatoes Baked Beans Pears	 Tossed Salad Broccoli w/Dip Fresh Grapes	Lettuce, Tomato, Salsa Corn Baby Carrots w/Dip	Tossed Salad Sliced Cucumber w/Dip Fresh Grapes
THIS WEEKS ALTERNATE ENTRÉE'S				(No B Choice on Friday's)
B) Pizza Dippers w/Marinara Sauce C) PBJ ▼ on Whole Wheat, D) Tuna Salad Sandwich E) Chicken Caesar Salad				

20	21	22	23	24
Mandarin Orange Chicken	Sausage, Egg, Cheese, English Muffin Sandwich	Hot Dog* on a Bun	 Meatball Sandwich on a WW Roll	French Bread Pizza
Rice Oriental Vegetables Orange Smiles	Potato Puffs Orange Juice	Baked Beans Carrot Coins Mixed Fruit	Broccoli w/Dip Green Beans Pineapple Chunk	Tossed Salad Carrot Sticks w/Dip Peaches
THIS WEEKS ALTERNATE ENTRÉE'S				(No B Choice on Friday's)
B) Chicken Patty on a Bun C) PBJ on Whole Wheat, D) D) Hummus Bites (w/ Carrots, Grapes, Pita) E) Chicken Salad Platter				

27	28	29	30	31
Pizza Dippers	Chicken Strips w/ Dipping Sauce	Toasted Cheese Sandwich	WW French Toast w/ Sausage Patty	 Mickey's Pizza
Broccoli w/Dip Corn Apple Slices	Mashed Potatoes Baked Beans Pears	Tomato Soup Carrot Sticks w/Dip Fresh Orange Smiles	Potato Puffs Orange Juice	Tossed Salad Corn Pears
THIS WEEKS ALTERNATE ENTRÉE'S				(No B Choice on Friday's)
B) Cheeseburger on Bun, C) PBJ on Wh. Wheat, D) Ham and Cheese Sandwich E) Taco Salad				

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim
 ■ 4oz Apple and Grape Juice is available with each meal